



F-1 HIGH SCHOOL USA

Student Rules

To be signed and dated by student and natural parents or legal guardians. Violation of these rules may lead to disciplinary action and possible termination from the Quest Exchange exchange program.

General Rules

1. **Health Issues-** Students already in the U.S. with suspected health issues (eating disorders, depression, ADHD, etc.) must agree to the terms of the Quest Exchange Health Protocol which will be provided to student and natural parents in writing for the purpose of resolving the health issue while remaining in the Quest program. Student may be asked to return to home country for treatment, with or without a medical doctor's evaluation and depending on the severity of the medical condition. Quest Exchange will determine student's health condition based on school personnel and/or host family and Local Coordinator reports of health and behavior. If student is given the opportunity to comply with a Health Protocol directive and does not follow the guidelines and/or if the health issue continues to interfere with the student's program, student may be sent home for proper treatment, with the opportunity to return to the program following proper treatment.
2. **U.S. Laws-** Students must abide by all local, state and federal laws. Students who break any U.S. laws are subject to immediate return to their home country with no refund of program or host family fees.
3. **Drug & Alcohol Use-** is illegal. Drinking alcoholic beverages, including beer and wine, is illegal for persons under the age of 21. All use, purchase, or possession of alcohol, drugs or other harmful controlled substances is prohibited.
4. **Smoking-** Cigarette smoking is not permitted; students who smoke will be terminated unless the host family agrees to work with their student on a health plan to stop smoking. Students terminated from the Quest program due to smoking, are not eligible for refund of program fees.
5. **Jobs-** Students are not allowed to take a formal job during the program. Students may do informal work such as yard work or babysitting, for which a social security number is not needed. Any such job must be approved by the host family and must not interfere with school work.
6. **Money-** Students must have access to at least \$300 a month. We suggest that they use a credit or debit card, which allows them to withdraw money from an ATM.
7. **Phone Use-** Students must limit their cell phone use to appropriate times of the day and follow all school and host family rules regarding cell phone use including, but not limited to; during school, late at night, during family activities when they have been instructed not to use the phone.
8. **Computer Use-** Students must limit their computer use and follow the house rules of their host family regarding computer usage. Computer use should not distract from school work, time with the host family, sleep or other important elements of the exchange program.
9. **Financial Responsibility-** Neither Quest Exchange nor the host family will assume any financial responsibility for the acts of students, whether willful or negligent. This includes damage to property, lost or stolen money (students are advised not to carry large amounts of cash at any time). All outstanding debt with the host family is the responsibility of the student's natural family.

Father's initials _____

Mother's initials _____

Student's initials _____

10. **Driving-** Students may not obtain a driver's license or drive a vehicle while in the U.S.
11. **Storage of Belongings-** Students must bring all personal belongings home at the end of the school year. Host families are not expected to store luggage or to send boxes containing student's belongings. In addition, students are responsible for meeting airline weight limits and must pay for any overages due to weight limit overages.
12. **Private Arrangements-** Students and natural parents may not make private arrangements directly with Quest Schools or Quest Host families for extensions. Students who are caught making private arrangements will be terminated from the program.

Rules Regarding School

1. **Requests-** Quest does not make guarantees regarding grade levels, graduation, diplomas, sports participation or credit transfers. Eligibility is at the discretion of each high school.
2. **School Rules-** Students must obey all school rules. Students must be enrolled in high school as a full time student. School attendance is mandatory and students should arrive to their classes on time.
3. **Academic-** Students must maintain a C average or higher in all of their classes. Failure to maintain grades may result in termination of the F-1 visa by school officials. Students terminated by their school, will automatically be terminated from the Quest Exchange program and must return to their home country immediately.
4. **Credits-** Students are responsible for arranging class credits and credit transfers with both their American school and home country school and or education department.
5. **Tutoring-** Students with low or failing grades may be given the opportunity to study with an assigned tutor; natural parents and students hereby agree to the guidelines set up by the tutor and will pay for tutoring without exception.
6. **Phones-** Students will follow school rules and regulations regarding cell phone usage.

Rules Regarding Host Family

1. **Positive Attitude and Respect-** Student must behave with respect and reflect a positive attitude towards their host family, Quest Coordinators and School Officials. Failure to show respectable behavior and/or attitude may result in a probation letter. If students do not make the changes outlined in the probation letter, they may be terminated from the program.
2. **Interaction with Host Family-** Students are expected to spend time with their host family and school community. Contact with friends and family in the student's home country will be restricted to an agreed upon minimum and should not interfere with the student's integration into American life. Quest Exchange strongly discourages exchange students from making or receiving frequent calls or e-mails to or from natural parents/friends from home.
3. **House Rules-** Students must obey all host family house rules, including, but not limited to curfew, internet and telephone use, chores and all other reasonable house rules.
4. **Family Schedule-** Students must respect their host family's time and schedules. Students will ask in advance for help with plans and or transportation. Host families must approve student plans in advance.
5. **Money-** Students may not borrow money from their host family or any other source. Natural parents must provide adequate spending money (recommended \$300 per month) which will cover the expense of school materials, toiletries, entertainment, transportation, school lunches, etc. The host family is not responsible for purchased lunches in the cafeteria, transportation or other school costs.

Father's initials _____ Mother's initials _____ Student's initials _____

6. **Computer-** Students are responsible for bringing their own laptop computer. Host families may or may not have a computer for student's use.
7. **Phone-** Students must bring or buy their own phone or use a phone card. Host families will NOT sign phone contracts for students.
8. **Punctuality-** Students are fully responsible for getting to school on time and must develop their own routine for getting up in the morning. Host parents are not responsible for getting students to school on time.

Travel

1. **Family Trips-** Host families are not required to take their student on trips or vacations.
2. **Travel Costs-** Students who are invited to travel with their host family should expect to pay their own way. Host families will clearly inform students about the cost of the trip before finalizing plans. If a student decides not to attend a trip, the host family and local coordinator will help to make alternative plans for the student.
3. **Travel Authorization-** Overnight trips (apart from sleepovers with a friend) require advance, written permission from Quest. Unauthorized travel may be cause for dismissal from the program. Students may not travel alone or with underage friends while in the U.S. Travel must be with an approved group or to visit persons known both to the student and natural parents.
4. **School Absence-** Students must get advanced approval from school if missing any school days during a pre-planned and approved trip.
5. **Visits-** Friends, boyfriends, girlfriends or siblings cannot visit during student's exchange year. Natural Parents and/or friends may only visit at the end of the student's exchange program. Visitors, including natural parents must provide their own accommodations and make their own travel arrangements and agree not to ask host family for accommodations.
6. **Winter and Summer Vacation** Students should remain in the U.S. with their host family during the winter break and return home at the end of their school program. Students wishing to return to home country during the holiday break must obtain written approval in advance from Quest Exchange.

By signing below it is understood that; I, as the Student and we/ as Natural Parents / Guardians are responsible for upholding all Quest Exchange Program rules throughout the exchange program. We agree to respect all decisions made by Quest Exchange Program Officials.

Father's Signature: _____

Mother's Signature: _____

Student's Signature: _____

Date: _____

Father's initials _____

Mother's initials _____

Student's initials _____